

EASTERN TOURS THROUGH THE CANADIAN PACIFIC ROCKIES

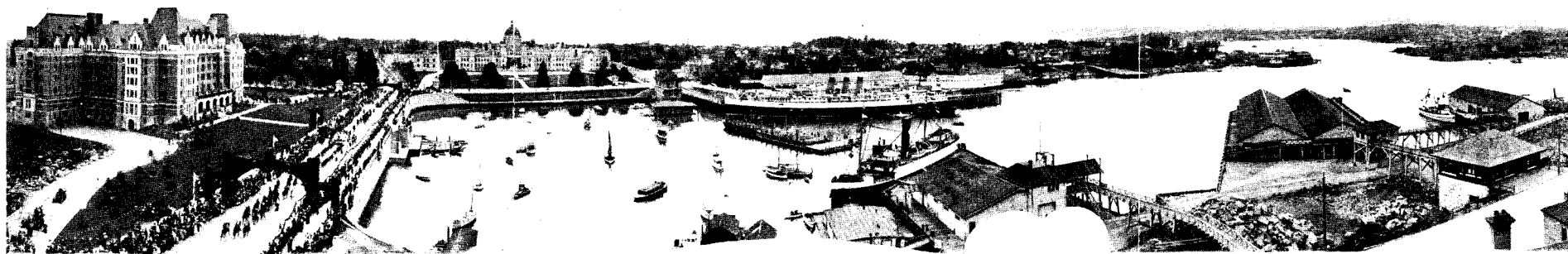


CANADIAN PACIFIC HOTELS

1919

Name of Hotel, Plan, Distance from Station and Transfer Charge	Altitude	Season	No. Rooms	Rate Per Day	Single Meals
St. Andrews, N. B. The Algonquin.....A 1 mile—25 cents	150	June 20- Sept. 15	214	\$7.00 up	{ B. \$1.25 L. 1.50 D. 2.00
McAdam, N. B. McAdam Station Hotel A At Station	445	All year	16	3.00 up	{ B. .75 L. .75 D. 1.00
Quebec, Que. Chateau Frontenac.....E 1 mile—50 cents	300	All year	375	2.00 up	a la carte
Montreal, Que. Place Viger Hotel.....E At Place Viger Station. 1½ miles from Windsor Station—50 cents	57	All year	115	1.50 up	a la carte
Winnipeg, Man. The Royal Alexandra...E At Station	760	All year	410	2.00 up	a la carte
Calgary, Alta. Palliser.....E At Station	3425	All year	315	2.00 up	a la carte
Banff, Alta. Banff Springs Hotel....E 1½ miles—25 cents	4625	May 15- Sept. 30	305	2.00 up	a la carte
Lake Louise, Alta. Chateau Lake Louise...E 3½ miles—50 cents Narrow Gauge Railway	5670	June 1- Sept. 30	320	2.00 up	a la carte
Emerald Lake (near Field B. C.) Emerald Lake Chalet...A 7 miles—\$1.00	4066	July 1- Sept. 15	14	5.00 up	{ B. 1.00 L. 1.00 D. 1.50
Glacier, B. C. Glacier House.....A 1½ miles from station by carriage road	4086	July 1- Aug. 31	76	5.00 up	{ B. 1.00 L. 1.00 D. 1.50
Sicamous, B. C. Hotel Sicamous.....A At Station	1146	All year	60	4.00 up	1.00
Penticton, B. C. Hotel Incola.....A Near steamer wharf	All year	62	3.00 up	.75
Cameron Lake, B. C. Cameron Lake Chalet...A Vancouver Island	May 1- Sept. 30	3.50
Vancouver, B. C. Hotel Vancouver.....E ½ mile—25 cents	100	All year	520	2.00 up	a la carte
Victoria, B. C. Empress Hotel.....E Transfer—25 cents	Sea Level	All year	320	2.00 up	a la carte

A—American. E—European. Rates subject to alteration.



Victoria, B. C., Showing the Harbour, the Parliament Buildings and the Empress Hotel

EASTERN TOURS

THE discovery of a route across the Rockies for the Canadian Pacific Railway took twelve years, but never was labor better rewarded. The last spike connecting East and West was driven thirty-three years ago, on November 7, 1885, and the millions who have since travelled along this wonderful highway, cut out of the precipitous cliffs of the Fraser Canyon, winding under the snow-capped peaks of three vast ranges, crossing and recrossing foaming torrents deep down below—these millions have one unanimous thought, that for sheer grandeur the route of the Canadian Pacific Railway is without rival.

It takes twenty-four consecutive hours on an express train to cross the Canadian Pacific Rockies. The wise man breaks his journey so that he can see it all by daylight, and to assist this praiseworthy intention, the Canadian Pacific has constructed mountain hotels at convenient points along the line, where one may rest and perhaps spend some time exploring among the glaciers, riding on sure-footed ponies on the mountain trails, or climbing with experienced Swiss guides the peaks which prick the sky in such profusion. Sicamous is a half-way house between Vancouver and Calgary, and

those who have no time to stop off elsewhere, but still wish to make an all-daylight trip through the mountains, will find here a comfortable hotel.

After the Rockies come 900 miles of prairie—fertile farming land, the bread-basket of the British Empire. Then a thousand miles of romantic forest and stream and rock, or if you choose to vary the rail journey, take ship at Fort William for the Great Lakes and pass through Sault Ste. Marie to Lake Huron and eastern Ontario. Toronto, within easy reach of Niagara Falls, Ottawa, the capital of the Dominion, Montreal, under the shadow of Mount Royal, Quebec, the fortress city commanding the St. Lawrence—these are surely not to be passed by too quickly. Here we are on historic ground, of vital interest to Americans as well as Canadians. For Quebec, in the old French Canadian days, and even later under the British flag, held sway over the great country south of the Great Lakes, with outposts on the Mississippi.

A stop-over of at least one day at each of the Canadian Pacific Hotels in the mountains—Glacier House, Emerald Lake Chalet, Chateau Lake Louise and Banff Springs Hotel—should be arranged.

Travelling over the Canadian Pacific during the summer is most delightful, because of the comparatively cool temperature in the mountains north of the international boundary line.

PASSENGERS from California have the choice of either a rail trip or a sea voyage, at slight additional cost, from San Francisco to Portland or Seattle.

To Victoria and Vancouver, from Seattle, the Canadian Pacific Railway operates the magnificent "Princess" steamers. The fastest and best equipped on the Pacific coastwise trade, these have an average speed of eighteen knots per hour, and are in constant touch by wireless with land stations en route. This is the most enjoyable 165-mile sheltered water trip in America, and passengers travelling eastward from California or points in the Pacific States via the Canadian Pacific Railway may include this delightful steamer trip without additional expense. The scenery is of ever-changing beauty.

VICTORIA

CHARMINGLY situated on Vancouver Island, overlooking the Straits of Juan de Fuca, Victoria has been aptly described as being a transported section of Old England. It is distinctly a home city, although its enter-



Fraser River Canyon, near Spuzzum, B. C.—White's Creek Bridge and Four Tunnels

prising business district, composed of imposing stores and tall office buildings, speaks of a rich commerce drawn from a territory full of mineral and agricultural resources. Victoria's beauty lies in her residential districts, her boulevards, her parks and her public buildings. The parliament buildings of British Columbia rank among the handsomest in America.

The Empress Hotel, first of the chain of Canadian Pacific hostelrys, is the most beautiful hotel on the North Pacific Coast. It overlooks the inner harbour and is within a stone's throw of the Parliament buildings. Golf facilities are provided for visitors to the hotel.

From Victoria delightful excursions may be made into the interior of Vancouver Island either by automobile or by the Esquimalt & Nanaimo Railway. The Malahat Drive is one of the most picturesque motor roads in America. Excellent hotels are to be found at Shawnigan Lake and Qualicum Beach and a delightful little chalet inn at Cameron Lake. Mount Arrowsmith provides a very interesting climb and Qualicum Beach has a good sporting golf course. There is no better fishing on the Pacific Coast than that which one finds on the Campbell River, reached by motor from Courtenay, the northern terminus of the Esquimalt & Nanaimo Railway. The immense Douglas fir forests on this beautiful island and the balmy climate make it wonderfully attractive to the tourist.

VANCOUVER

THE terminal of the Canadian Pacific's transcontinental rail lines and its trans-Pacific steamship routes, is the largest commercial centre in British Columbia.

Vancouver rests on the shores of Burrard Inlet and has an excellent harbour nearly landlocked and fully sheltered. It faces a beautiful range of mountains that are tipped with snow the year round. Two peaks, silhouetted against the sky, remarkably resembling two couchant lions, are visible from almost any point in the city or on the harbour, which has been appropriately termed "The Lions' Gate."

In and around Vancouver are immense lumber and shingle mills, having big payrolls and tremendous outputs. Mining, lumbering, farming and shipping and ship-building form the bulwark of the city's growth and prosperity.

Hotel Vancouver (with over 600 rooms), of the Canadian Pacific Hotel System, is second to none on the Pacific Coast, and has a high reputation for the excellence of its service. Wonderful views can be had from the roof.

It is only a short run by Canadian Pacific steamer to Nanaimo, where the Esquimalt & Nanaimo Railway connects with the beauty spots of Vancouver Island.

From Vancouver the Company's famous "Princess" steamers offer splendid service to Victoria, Seattle, northern British Columbia, and Alaska; the "White Empresses" cross the Pacific to Japan, China and Manila. The Canadian-Australasian Line runs regularly from Vancouver to Honolulu, Suva (Fiji), New Zealand and Australia.

WINDING along for 500 continuous miles east of Vancouver the main line of the Canadian Pacific leads through scenery such

as can be found nowhere else on earth. But a few miles out of Vancouver the steel trail begins to twist and turn its way through a gigantic fairyland of unbelievable beauty and magnificence. The stupendous masses of rock, piled literally to the sky, crowned with scintillating snow which reflects back the sunlight in all the colors of the spectrum, are only a part of the panorama unreel'd, mile by mile, as the train proceeds.

Petain is the junction for the Kettle Valley Railway, a new branch line to the orchards of the southern Okanagan Valley and the Kootenays, the mining districts of southern British Columbia, and the prairies of southern Alberta, thus providing an interesting alternative route to the main line.

After leaving Hope, the railway passes through a spectacular series of tunnels pierced through high cliffs overlooking the deep canyon of the Coquihalla River. There is good trout fishing at Othello and, indeed, all the way up the river to Summit. Jessica is the third station within about two miles or so of Ladner Creek, in a district of great natural beauty. At Portia the railway reaches an elevation of about 2,000 feet above sea level. The country has a very rocky, mountainous aspect at the next station, which is called Iago, to keep up the Shakespearean tradition. Near Romeo there is a charming view looking up towards a bald, rocky mountain from Slide Creek bridge. Coquihalla Summit is opposite two delightful lakes. From this point the track falls both ways, the average



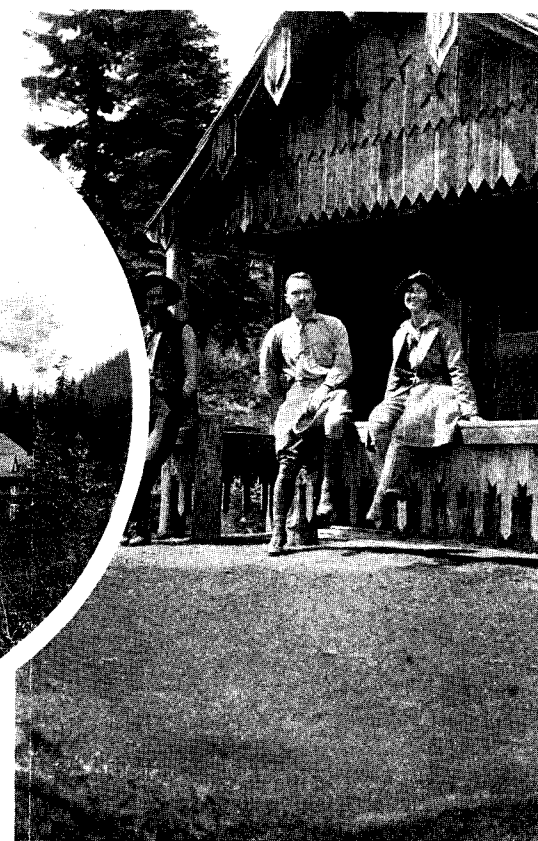
Emerald Lake, Showing Emerald Peak (8,332 Feet) on Left and Mount Wapta (9,106 Feet) in Centre



Vancouver Hotel, Vancouver, B. C.—
One of the Largest and Handsomest on the Pacific Coast



Glacier House,
Glacier, B. C.



Mr. Deutschman, the Discoverer and Guide of
the Nakimu Caves near Glacier, with a brace of Tourists

gradient going west being about 2.2 per cent, whilst that going east is much lighter, or about 1 per cent. The elevation of Coquihalla Summit is about 3,300 feet above sea level. The lakes are full of trout and are most interesting from a geological point of view on account of the many crater holes in the formation, caused, it is supposed, from gaseous emanations in ages past. Juliet, the next station, is eternally separated from Romeo by the summit. At Slide Creek there are some picture rocks, rude representations of a horse, supposed to have been painted by the Indians at some remote date. Penticton, at the lower end of Okanagan Lake, is half way house to Nelson, and as such has an excellent hotel, The Incola. The balmy, equable climate of the lower Okanagan Valley, the excellent motoring, the delightful bathing, the opportunities for motor-boating, sailing, fishing, and, at the proper seasons, for hunting, combine to make this an ideal holiday resort. Penticton is in the centre of one of the most fertile orchard districts in British Columbia and as such has a well-settled community to take part in any social activities. Penticton is also the southern terminus of the Canadian Pacific steamers plying on the Okanagan Lake, the northern terminus being Okanagan Landing, which has excellent train service through Vernon to Sicamous, on the main line of the Canadian Pacific Railway. From Penticton the railway climbs up through the benches to a height which commands a magnificent view of Okanagan Lake, then descends through forest-clad ranges by romantic canyons till the farms and settlements of the lower Kettle Valley are reached. After the junction is made with the Canadian Pacific Railway at Midway, the train passes by lake and mountain till the beautiful defile of the Columbia River is reached. Out of the windows one looks down upon the sapphire waters of that noble stream, flanked by tall trees and overtowering heights. The train reaches Nelson in the evening and though the boat for the East does not leave till next morning, one can go straight on board to one's comfortable berth.

North Bend is situated in the heart of the Fraser Canyon, amid awe-inspiring surroundings. The Canyon of the Thompson is entered between North Bend and Ashcroft. Its angry waters rush along in a perfect maelstrom.

Kamloops is in the centre of an orchard district and provides, at Fish Lake and other waters in the vicinity, wonderful trout fishing.

At Sicamous the traveller may take the branch line train to Vernon and other points in the Okanagan Valley. At Sicamous the Canadian Pacific Railway has a comfortable hotel, which forms an excellent headquarters for those who wish to stay over for the daylight trip through the mountains.

From Revelstoke (see page 6 for Alternative Route) the line passes through Twin Butte to

Albert Canyon. Just east of the station the train runs suddenly along the very brink of several remarkably deep fissures in the solid rock, whose walls rise straight up hundreds of feet on both sides to wooded crags, above which sharp distant peaks cut the sky. The most impressive of these canyons is the Albert, where the river is seen nearly one hundred and fifty feet below the railway, compressed into a boiling flume scarcely twenty feet wide.

GLACIER A CLIMBING CENTER

NEAR the summit of the Selkirk Range lies Glacier, in the midst of a region of mighty peaks and glaciers. Seeming but a few hundred feet away from the hotel, but in reality more than two miles, the massive ice piles of the great Illecillewaet Glacier heap up. To its left towers the monolith of Mount Sir Donald to a height of a mile and a quarter above the railway. Here another of the Canadian Pacific's mountain hotels affords an opportunity for a delightful sojourn.

Leading from the hotel, a good trail follows the turbulent course of the Illecillewaet River to the Great Illecillewaet Glacier and valley; other trails branch off in all directions, inviting and leading the mountain-climber, explorer and lover of Nature to scenes of marvelous grandeur and enchanting beauty. Glacier Crest, Lake Marion and Observation Point are among the shorter and easier ascents. Mount Abbot is a day's climb, but not a difficult one. From its summit an exceptionally fine view is obtained of the Asulkan Valley. Easy trails also lead up to the summits of Eagle Peak and Mount Avalanche. The ascent of Mount Sir Donald is more difficult, but with the assistance of experienced guides may readily be accomplished.

An excellent trail leads to the Asulkan Glacier, through scenes of Alpine splendor, and the marble-flowered Caves of Nakimu are only distant about seven miles from Glacier House by carriage road and bridle path. These wonderful caverns have been formed by the action of water for ages upon the solid rock, and form a series of chambers with large entrances, polished rock ceilings, and walls which sparkle with quartz crystals and reflect myriads of miniature lights.

After leaving Glacier Station the train enters the double-track Connaught Tunnel, the longest tunnel in North America, which pierces its way through Mount Macdonald. From portal to portal this tunnel measures five miles, but so straight is the line that the exits are never out of sight.

The train now descends the eastern slopes of the Selkirks into the upper Columbia Valley,

where, at Golden, a branch line runs south through the lovely Windermere district, with its newly settled farms and orchards. Access to a wonderful hunting and Alpine climbing region is obtained from this great valley. (See page 10.) Near Golden is Edelweiss, in which the Swiss guides attached to the Canadian Pacific hotels have their farms and homes.

EMERALD LAKE AND THE YOHO VALLEY

FIELD is the junction for Emerald Lake chalet (7 miles), situated on the shores of one of the most beautiful mountain lakes in Canada.

DRIVES AND PONY TRIPS

EMERALD LAKE is reached from Field by a good carriage road down the bank of the Kicking Horse River, and thence around the base of Mount Burgess. On the wooded shore of this beautiful lake the Company has built a picturesque Swiss chalet.

It is an extremely beautiful eleven-mile drive to the celebrated Takakkaw Falls, of the Yoho Valley, a silver thread of glacial origin dropping 1,200 feet into a still and mighty-treed valley. A trail continues up the valley, past Laughing Falls, and the great Wapta Glacier to the curious Twin Falls, two immense jets of spray that unite in mid-air. The trail leads to a point above the falls from which a wonderful view may be obtained. Other pleasant excursions from Field may be made to points of interest within a short distance of Field—such as the Fossil Beds, Aerial Silver Mines, Natural Bridge and Monarch Mine Cabins.

Between Field and Hector, near the summit of the Rockies, one of the greatest engineering feats of the century has been accomplished. To reduce the steep grade of the western slope of the Rockies, the line has been lengthened, and two immense spiral tunnels have been driven through the solid rock, each tunnel with approaches making a complete loop of track.

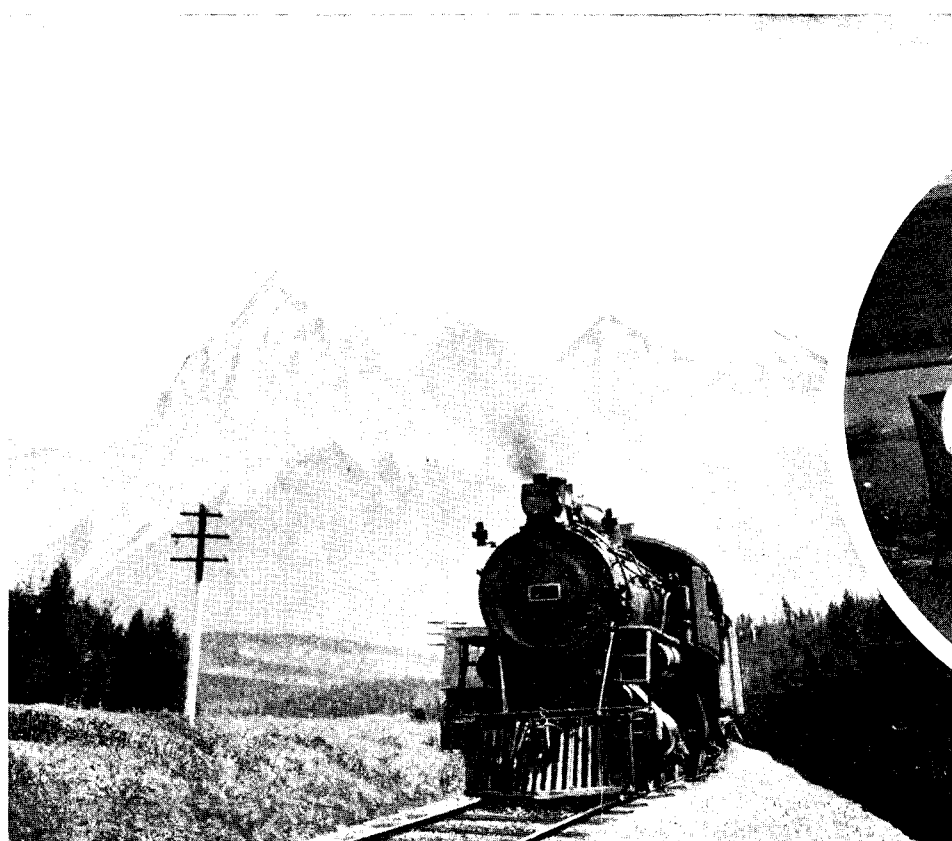
LAKE LOUISE, PEARL OF THE ROCKIES

IT IS three and a half miles by narrow-gauge motor line from the Canadian Pacific Railway station to Lake Louise.

Lake Louise bears the liquid music, the soft color notes of its name into the realm of the visible. Behind its turquoise mirror rise the stark immensities of Mounts Lefroy and Victoria, the latter, "the big snow mountain above the Lake of Little Fishes," of which the wandering Stonies used to tell. Here, on the margin of this



Moraine Lake and the Valley of the Ten Peaks



Mount Chancellor (10,751 Feet), near Leancoil, West of Field



On the Lawn at the
Chateau Lake Louise

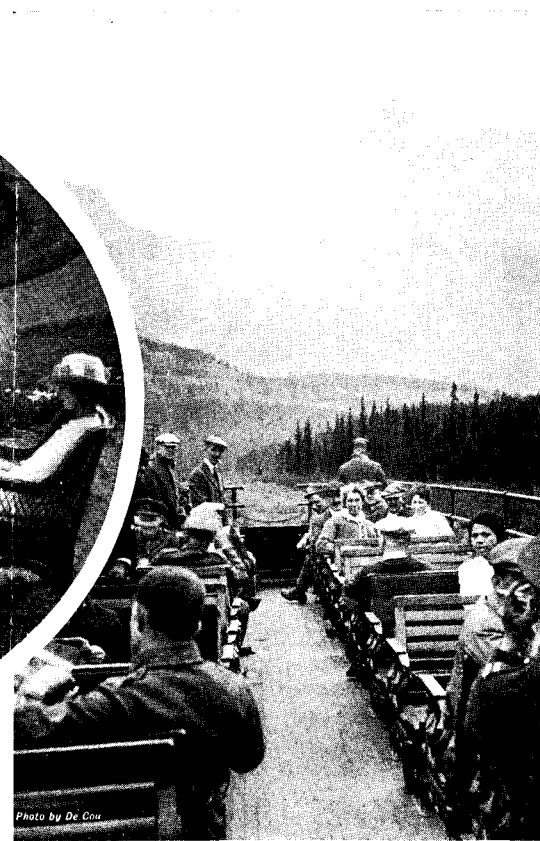


Photo by De Cou

The Open-Air Observation Cars Used
in the Canadian Pacific Rockies

most perfect lake, the Canadian Pacific has placed its Chateau in one of those wonderful upland flower gardens in which the Rockies abound. Yellow violets and columbines, white anemones and green orchids, make merry with the red-flowered sheep laurel and the bright Iceland poppy. Be he never so lazy, the tourist has something to reward him in this gay garden backed with the rich-toned lake and the milky green of the glacier. One writer says:

"In the lake, ever changing, is Beauty herself, as nearly visible to mortal eyes as she may ever be. The water, beyond the flowers, is green, always a different green. Then a little wind awakes in the distance and ruffles the surface, yard by yard, covering it with a myriad tiny wrinkles, till the lake is milky emerald while the rest still sleeps. And at length the whole is astir and the sun catches it and Lake Louise is a web of laughter, the opal distillation of all the buds of all the Spring."

DRIVES AND PONY TRIPS AT LAKE LOUISE

FROM Lake Louise (altitude 5,670 feet) good trails lead to the principal features of interest in the vicinity. It is an easy ascent to Mirror Lake (altitude, 6,550 feet) and Lake Agnes (altitude, 6,820 feet) which literally nestle amid the clouds, encircled by majestic peaks. The trail continues to the Big Beehive, commanding magnificent views of mountains, lakes and glaciers. It is a three-mile trip to Saddleback Mountain, which affords an inspiring view of the famous Paradise Valley. At a distance of about ten miles is Moraine Lake, situated at the head of the valley of the Ten Peaks, and reached over a good carriage road. Good camping facilities are afforded on the shore of the lake in the midst of scenic surroundings of surpassing beauty and grandeur. Consolation Lake, about three miles further by trail, provides good trout fishing. The Victoria Glacier, a great palisade of hanging snow, Abbot Pass, a deep canyon between Mounts Victoria and Lefroy, O'Hara Lake, set amid scenes of wild Alpine grandeur, Cataract Creek, Paradise Valley and the Ptarmigan Lakes, are among the notable spots well worthy of a visit.

BANFF

FOR many years Banff, the gateway to the Canadian National Park, has attracted tourists and lovers of Nature from all corners of the earth. Situated in the heart of the

Canadian Pacific Rockies, in the midst of primeval surroundings, with a wilderness of untrodden crags and peaks radiating in every direction and abounding in game of large and small variety, it bids photographer, the naturalist, and the mountain-climber welcome. The traveller seeking a holiday can find all his wants supplied at the finest mountain hotel in the world, the Canadian Pacific Banff Springs Hotel, recently much enlarged. Sulphur springs and bathing pools, also an excellent golf course and tennis court, form some of the many attractions at this resort.

PONY TRIPS AND DRIVES AT BANFF

THERE are many interesting spots in the vicinity, all easily accessible by good carriage roads and bridle paths. A short distance from Banff Springs Hotel are the Bow Falls, a cataract of wonderful beauty; Tunnel Mountain, from which a splendid view of the valley is obtained, and the Cave and Basin, a remarkable formation from which gush natural sulphur springs. Within a radius of three miles are the Hoodoos, natural concrete pillars of various shapes and sizes, Cascade Mountain, Stoney Squaw Mountain, the beautiful Vermilion Lakes, the animal paddocks and Sun Dance Canyon, a deep and curious cleft in the mountain. At a distance of nine miles is Lake Minnewanka, a pretty sheet of water, extremely deep, and walled in by tremendous cliffs. The lake is sixteen miles long, with a width of from one to two miles. Two steam launches make the round trip daily. There are attractive automobile trips, as for instance to Johnson Canyon, near Castle Mountain, through which an excellent trail has recently been cut to a great waterfall.

CALGARY

SOON after leaving Banff the country changes in character, and instead of viewing a sea of mountain peaks and snow-capped ranges, prosperous ranches and farms are spread out on either side of the tracks. Calgary enjoys the distinction of being the largest city in the fertile and prosperous Province of Alberta.

Calgary is the headquarters of the great irrigation system of the Canadian Pacific Railway. This is the largest undertaking of its kind in America and is well worth a visit. From Calgary a branch line runs to Edmonton, the capital of Alberta.

At Calgary the Canadian Pacific Railway operates another immense hotel, The Hotel Palliser, undoubtedly the most imposing structure in Calgary. Externally the building is French Renaissance. It comprises ten floors, with a roof garden and sun parlor on the roof, from which a magnificent view of the snow-capped Rockies can be had. There are no "inside rooms" in the Palliser, it being so built that every room gets sufficient light. A magnificent ball room and palm room are other attractive features.

Medicine Hat, called by Kipling "the town that was born lucky," is lighted with natural gas, the low price of which has attracted many industries to this city.

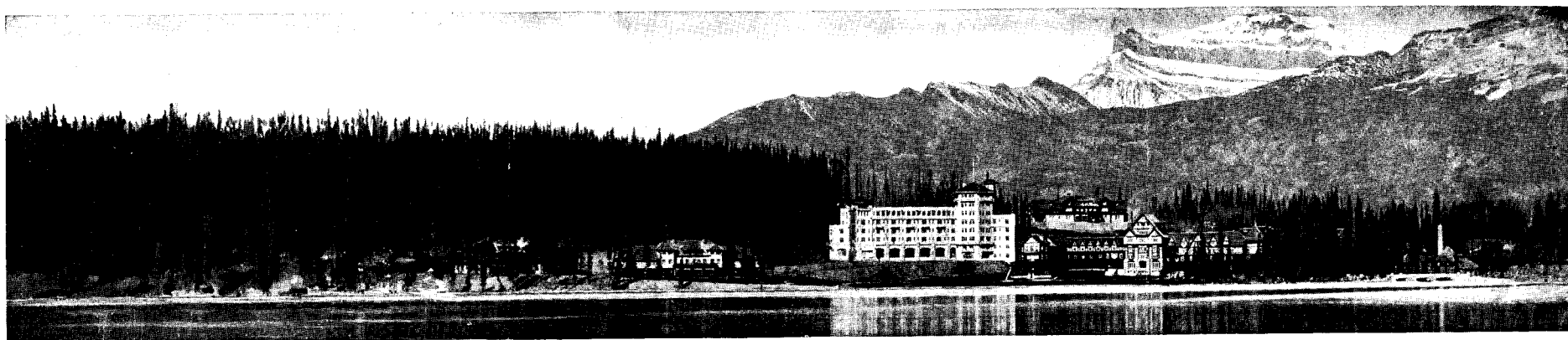
ALTERNATIVE TRIP FROM REVELSTOKE TO MEDICINE HAT

THOSE who leave the main line of the Canadian Pacific at Revelstoke, find a delightful and fascinating alternative route to Medicine Hat, via Arrowhead, at the head of the beautiful Arrow Lakes, by steamer to West Robson, thence by rail to Nelson, where steamer is again taken on the charming Kootenay River to Kootenay Landing, connecting with the Crowsnest Pass Branch of the Canadian Pacific Railway.

From Kootenay Landing to Medicine Hat the route leads through the rich mining regions of the Kootenay and the vast agricultural districts of southern Alberta, via the Crowsnest Branch of the Canadian Pacific Railway. At Medicine Hat the main line of the Canadian Pacific is again resumed.

EASTWARD FROM SPOKANE

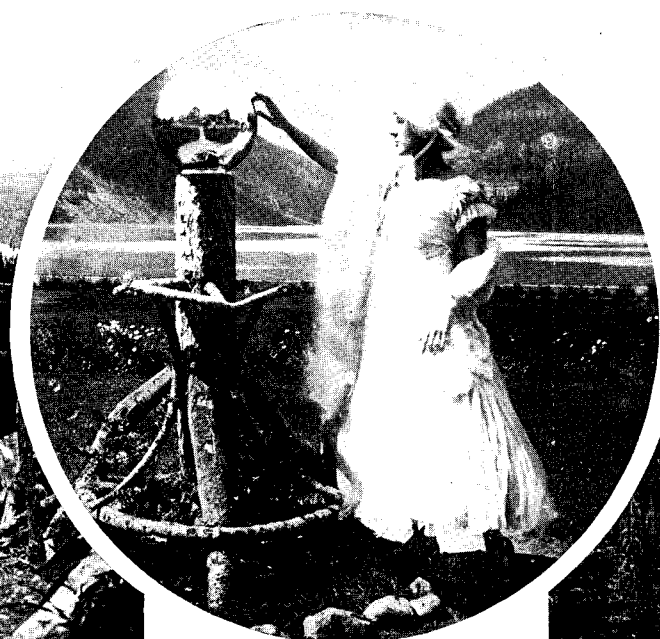
FROM Spokane and Kingsgate one may join the Crowsnest Branch of the Canadian Pacific, through a romantic mining region to Medicine Hat, on the main line. From Medicine Hat easterly the line of travel includes Swift Current and Moose Jaw, also on the main line of the Canadian Pacific Railway. At Moose Jaw the traveller has another choice, and may go to Chicago via St. Paul and Minneapolis, or via St. Paul and Sault Ste. Marie to Montreal, travelling over the Soo Line, or may continue over the main line of the Canadian Pacific, via Winnipeg, to Montreal. If desired, tickets will be routed via Winnipeg and St. Paul. Certain tickets allow stop-over privileges at all the large cities in Canada, and the option of at least two different routes, but routes must be selected prior to purchasing ticket. From Spokane another route is through the beautiful



Chateau Lake Louise—the Pearl of the Canadian Pacific Rockies



Among the Lakes in the Clouds—
Mirror Lake in the Middle Distance, Lake Louise Down Below



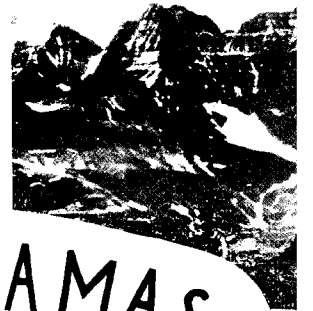
The Lady of the Lake
at
Lake Louise



The Tower of Babel,
Valley of the Ten Peaks, near Lake Louise



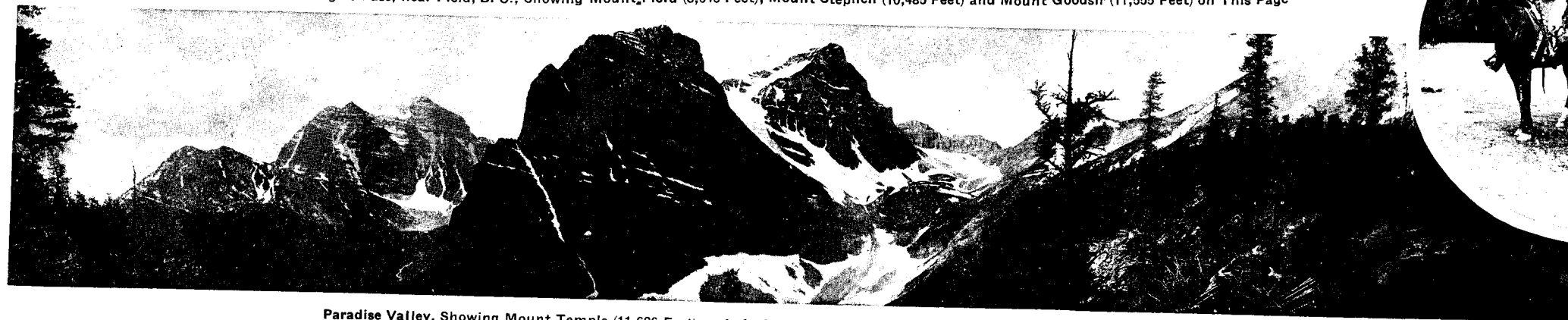
Panorama of Mountains Surrounding Lake Louise, from Mount Shaeffer, Showing Mount Stephen (10,485 Feet)



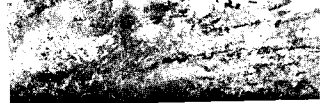
PANORAMAS in the Canadian Pacific Rockies

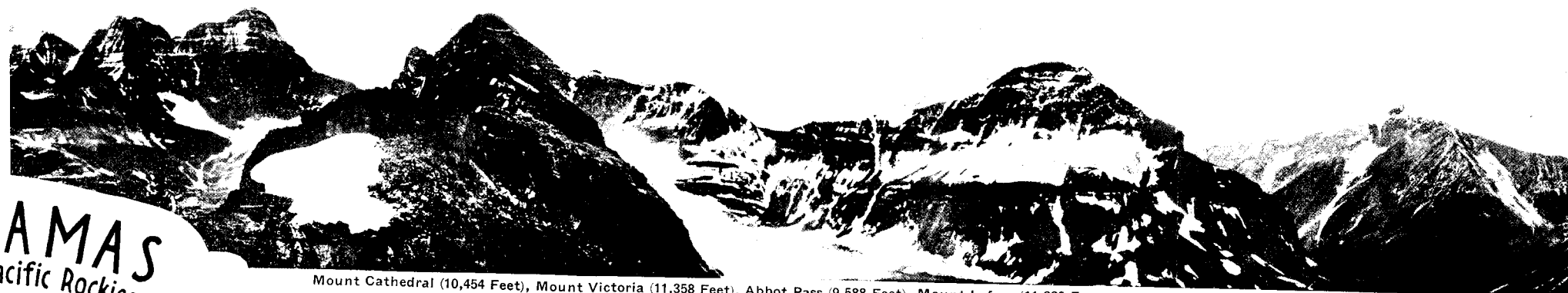


Panorama from Burgess Pass, near Field, B. C., Showing Mount Field (8,645 Feet), Mount Stephen (10,485 Feet) and Mount Goodsir (11,555 Feet) on This Page



Paradise Valley, Showing Mount Temple (11,626 Feet) on Left, Mount Sheol in Centre and Mount Aberdeen (10,340 Feet) to its Right





PANORAMAS

in the Canadian Pacific Rockies

Mount Cathedral (10,454 Feet), Mount Victoria (11,358 Feet), Abbot Pass (9,588 Feet), Mount Lefroy (11,220 Feet) and Lake McArthur



Mount Burgess (8,463 Feet) in Centre, Van Horne Range, Mount Vice-President (10,069 Feet) and Mount Emerald (8,332 Feet) on Right



Alpine Club of Canada, Starting Out on a Climb

Kootenay and Arrow Lakes, via Kingsgate, Nelson, West Robson and Arrowhead, to Revelstoke, on the main line of the Canadian Pacific Railway.

KOOTENAY CENTRAL RAILWAY

A NEW alternative route of exceptional beauty leaves the main line at Golden and goes south through the valley lying between the Rockies and the Selkirk Mountains to join the Crowsnest Branch at Colvalli. The Windermere district is a centre in this valley for excursions up Toby Creek and Horse Thief Creek to the great glaciers of the Selkirks, and has a comfortable tourist hotel at Invermere, near Athalmer.

CONTINUING our journey across the prairies from Medicine Hat, the most important towns passed on the way to Winnipeg are: Swift Current, Moose Jaw, Regina, Indian Head, Brandon and Portage la Prairie. Regina is the headquarters of the Royal Northwest Mounted Police.

WINNIPEG

SITUATED at the confluence of the Red and the Assiniboine rivers, both navigable by steamers, Winnipeg handles more wheat than any other port on the North American continent. It is the capital of the Province of Manitoba. Formerly it was the Hudson's Bay Company's chief trading post, Fort Garry. A network of rail lines connect Winnipeg with all parts of the continent in much the same way as Chicago is linked to all parts of North America. Here the Canadian Pacific Railway has the largest individual railway yards in the world, having more than 300 miles of trackage. The Canadian Pacific Railway has a magnificent hotel at Winnipeg, the Royal Alexandra.

From Winnipeg a branch line of the Canadian Pacific Railway runs south, connecting at Emerson with the train service of the Soo Line to Minneapolis, St. Paul and Chicago. A through train is operated between Winnipeg and the Twin Cities.

Leaving Winnipeg and Manitoba at Ingolf, the Lake of the Woods district in Ontario is entered, where flour mills, pulp mills and sawmills are in operation day and night. The prairies are left behind and the traveller passes through a picturesque region of forests, lakes, rivers, rocks and ravines to Fort William and Port Arthur, at the head of the Great Lakes. Fort William is situated at the mouth of the Kaministiquia River, a broad, deep stream, with firm banks, affording extraordinary advantages for lake traffic. The fine steel lake steamships of the Canadian Pacific Railway Company ply between here and Port McNicoll, thus giving the tourist practically a water route to Toronto. Conveniences to be found only on trans-oceanic steamers are to be had on these magnificent passenger steamships.

GREAT LAKES TRIP

BY BOARDING a Canadian Pacific Railway steamer at Fort William, the traveller may travel down the Kaministiquia River, passing Port Arthur on Thunder Bay, thence across the bay and rounding Thunder Cape, directly across Lake Superior to Sault Ste. Marie, a large manufacturing city. From here the route followed is down St. Mary's River, through the new channel of Hay Lake and across Lake Huron and Georgian Bay to Port McNicoll, where a transfer from boat to train is made, and the traveller reaches Toronto.

NIPIGON AND SUDBURY

FOLLOWING on by the main line, at Nipigon, situated at the mouth of the Nipigon River, fishermen from many, many miles gather yearly to capture the speckled trout, averaging from three to eight pounds.

Sudbury is the junction point, where the main line of the Canadian Pacific to Toronto leaves the main line to Montreal. This gives the third optional route from Winnipeg to Montreal, viz., one lake and one rail, via Toronto, and one direct via the Sudbury-Montreal main line. Within a few miles of Sudbury, and reached by two short lines of railway, are the most extensive copper and nickel deposits known in the world.

SOO LINE CONNECTION FROM TWIN CITIES

AT SUDBURY the important subdivision—which crosses the St. Mary's River on an immense steel bridge at Sault Ste. Marie, and which follows the north shore of Lake Huron—joins the main line. Through trains, having every modern improvement, are operated via this route from Minneapolis and St. Paul to Montreal. Connection is also made at Sault Ste. Marie with trains from Duluth.

TORONTO

WITH over 500,000 inhabitants, Toronto holds second place among the cities of Canada and is growing rapidly in population, wealth and industry. It is noted for its beautiful residential districts, its high buildings, its well-lighted and paved streets, spacious parks, excellent boulevards and also for its Fair, attended each year by nearly one million visitors. The Canadian Pacific Railway's office building here is one of the landmarks of the city.

From Toronto there are many short and very interesting trips to pleasure resorts and places of picturesque and historical interest.

Those who make their eastbound journey by way of Toronto have the option of travelling from Toronto by the Lake Ontario Shore Line of the Canadian Pacific Railway to Montreal, or via Peterboro. Tickets between Toronto and Montreal will be honored via Ottawa if desired.

OTTAWA

THE capital of the Dominion is picturesquely situated at the junction of the Rideau and Ottawa rivers. The residence of His Excellency the Governor-General, Duke of Devonshire—Rideau Hall—is within the city limits. Very inspiring are the great Parliament Buildings, the rebuilding of which is now approaching completion. A beautiful park and excellent motor roads make Ottawa a very attractive city for resident or tourist.

MONTREAL

FAST trains connect Toronto, Ottawa and Montreal, the largest city of Canada. Montreal has a population of over 760,000 and is the headquarters for the Canadian Pacific Railway. From Mount Royal, after which the city was named, Montreal appears spread out like an immense relief map. One may spend hours on the summit of this mountain gazing on the magnificent panorama of the city and the St. Lawrence River. The Canadian Pacific Place Viger Hotel is one of the city's best.

QUEBEC

FROM Montreal it is but a few hours' ride over the Canadian Pacific Railway to Quebec, which, with its old-time walled city, its Chateau Frontenac, the excellent Canadian Pacific hotel, its French-speaking population, crooked streets, curious vehicles, and its enchanting atmosphere, is easily the most romantic place in Canada. The Chateau Frontenac, built on the site of the old Chateau St. Louis, is a modern hotel built on the pattern of an old chateau, commanding magnificent views of the great St. Lawrence River.



Banff and the Bow Valley—Mount Rundle (9,665 Feet) in Centre



Banff Springs Hotel



In the Warm Sulphur
Swimming Pool
at Banff



Johnson Canyon, near Banff



Photo by Professor Walcott, of the Smithsonian Institute

Panorama of the Group of Mountain Peaks Capped by Mount Assiniboine (11,860 Feet)



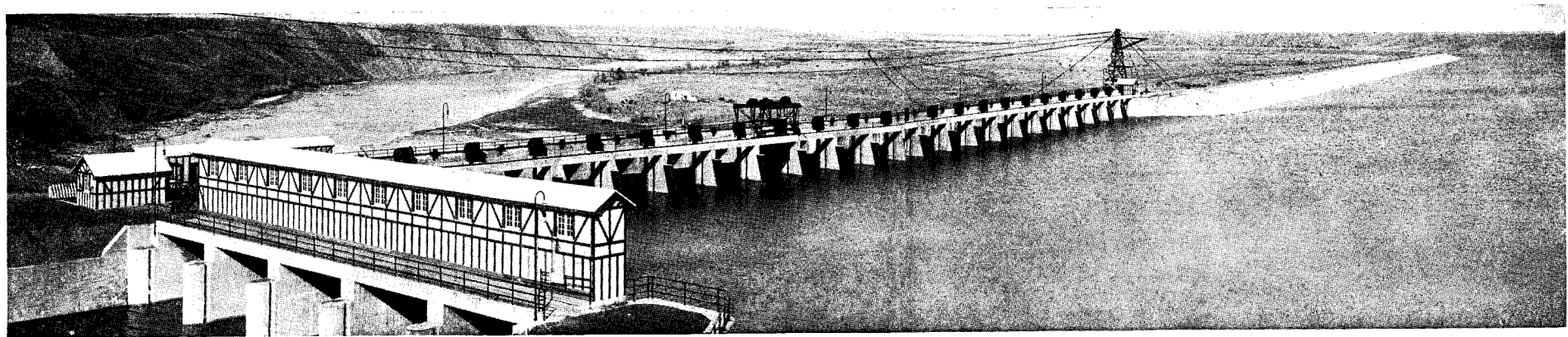
Alpine Climbing with Swiss Guides



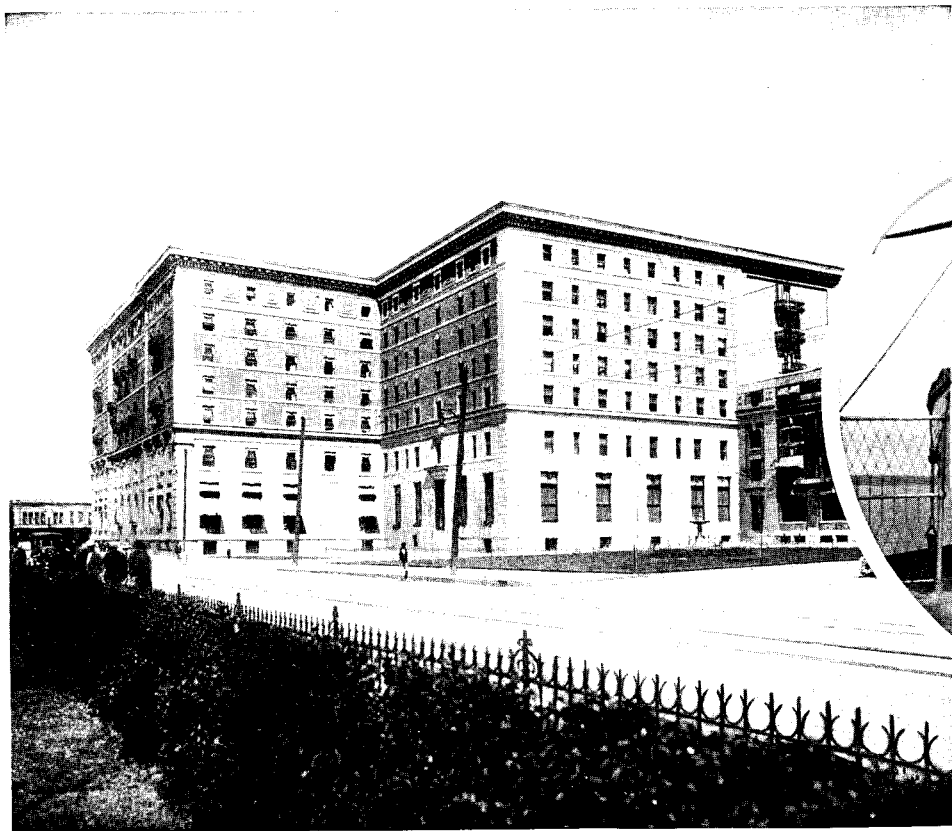
Mountain Ponies
for Road and Trail
in the
Canadian Pacific Rockies



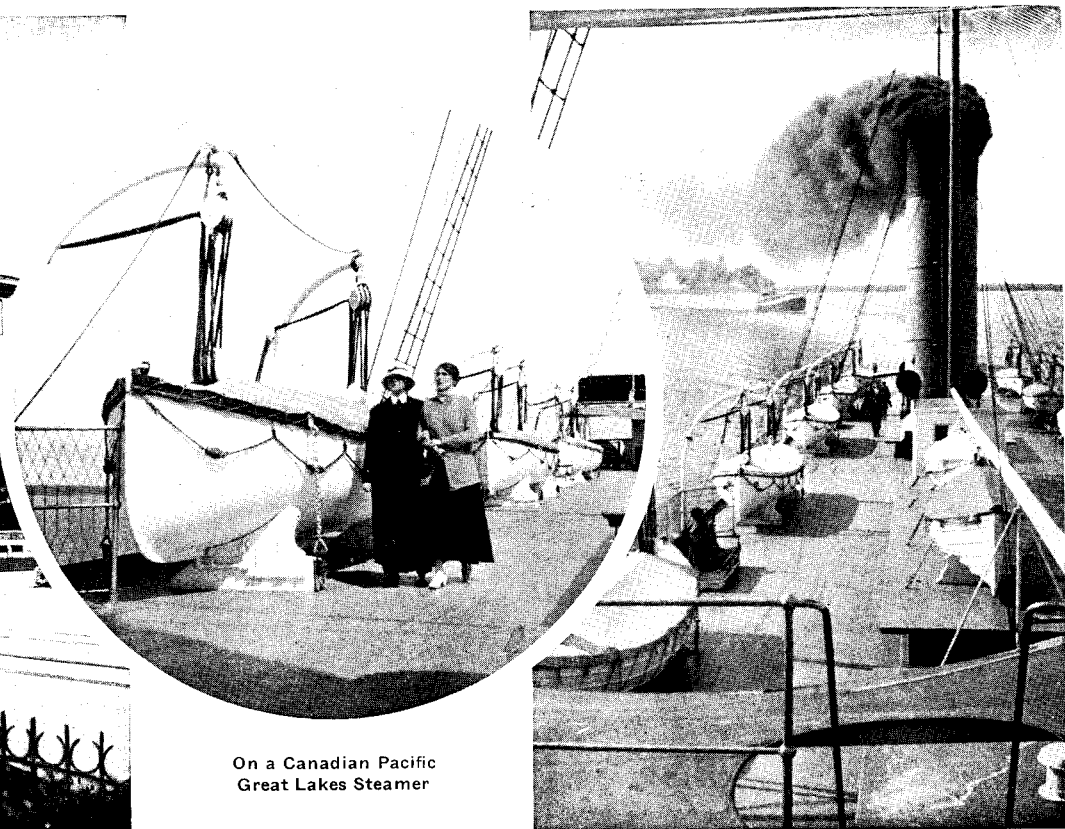
Canoeing on the Bow River at Banff



Bassano Dam, on the Canadian Pacific 3,000,000-Acre Irrigation Block near Calgary



Royal Alexandra Hotel, Winnipeg



On a Canadian Pacific
Great Lakes Steamer

On the Great Lakes

ST. JOHN — HALIFAX

SCENERY through delightful hills, well-kept farming districts and country filled with bits of lakes, brooks and streams is to be seen on both sides of the track in travelling from Montreal to St. John and Halifax, or any of the other pretty cities or towns of the maritime provinces. St. Andrews-by-the-Sea is one of the most attractive seashore and golfing resorts in America. Here the Canadian Pacific has built a charming fireproof summer hotel, the Algonquin, much frequented by Americans as well as by the leaders in Canadian society. St. John and Halifax are both busy, progressive seaports. In Nova Scotia, along the Dominion Atlantic Railway, "Evangeline Land" and Acadia attract thousands every year, for time has been lenient in its treatment of these places, which have been themes for historians and poets for two hundred years.

Three routes from Montreal to New York present themselves: The tourist may continue by way of Lakes Champlain and George and by the Hudson River, or via the all-rail routes through the Adirondacks, through the State of Vermont, or along the shore of Lake Champlain.

Those en route to Portland, Me., or Boston, Mass., may travel through the interesting White and Green Mountains to their destination on the Atlantic Coast, reached by the Canadian Pacific and its connections from Montreal.

EVANGELINE LAND, NOVA SCOTIA

ACROSS the Bay of Fundy from St. John, New Brunswick, lies the historic coast of Nova Scotia, so full of romance, so beautiful to the eye that the hearts of those who visit it are kept in one perpetual enchantment. Digby and the little fishing villages on this coast of giant tides, Annapolis Royal, with memories of Champlain and the first adventurous explorers from Old France, the orchard and dairy land of the Annapolis Valley, Evangeline's country of Grand Pré and Blomidon, and Minas Basin, the scene of the Great Banishment of the Acadians—these have a charm that well

might draw the traveller across the continent from the Pacific.

Cool, picturesque, hospitable and entirely unconventional, the "Land of Evangeline" is just the place where the average man who loves to bathe in salt water or angle in fresh water; who likes boating that is exciting, but not too hazardous; hill-climbing that is not too strenuous; hotel life that is not too fashionable, and farmhouse hospitality that is typically Canadian, can find his or her heart's desire.

This ocean-washed, breeze-caressed peninsula, that is almost an island, is big enough to accommodate ten million summer visitors without over-crowding. It is difficult to get away from the sight or smell of the salt water in any part of it. Even the atmosphere of the orchard-filled, blossom-scented valleys is tintured with it. Nowhere is there ozone with the same subtle qualities.

And bathing, boating and fishing are by no means the whole story of Nova Scotia summer vacation life. The continent affords no finer facilities for driving, "camping-out," golfing and hunting, nor is there a better place on the "foot-stool" for the enjoyment of that simplest and most satisfying of all forms of summer "loafing," life on a farm.

All this country is served by the Dominion Atlantic Railway in connection with the Canadian Pacific Railway. Wolfville is the chief centre for visitors to the "Land of Evangeline." "Before the windows of Wolfville," says C. G. D. Roberts, the well-known writer, "enrolls a superb view—marshes, of pale green, reclaimed from the sea by the spades of old-time Acadian farmers; sharp strips of red or orange-tawny flats, where the retreating tide has left the beach uncovered; to the left front a well-grouped cluster of white cottages, spires and masts about a bridge—the shipping village of Port Williams; the long, low lines of green upland outstretching from either side to almost the centre of the picture—the delicious summer retreats of Starr's Point and Long Island; between them and beyond, away to the far blue barrier of the Parrsboro shore, the restless waters of Minas Basin, yellow in the foreground, but in the distance purple, sapphire green, or

silver, as changing hour and changing sky may decree; and in the middle distance, dominating all the scene with its mass of sombre indigo, the majestic bastion of Blomidon out-thrust against the tides. These are effects of full daylight; but by the aerial magic of sunrise (too seldom seen!) and the voluptuous sorcery of sunset such transformations are wrought as make the scene an ever-changing realm of faery."

Three miles distant, to the east, is Grand Pré itself, now a rich but scattered farming settlement. It is on the line of the Dominion Atlantic, and travellers who are passing through obtain from the car windows a good view of the scene of the Great Banishment. There are the storied meadows, and there, close to the station, are willows planted by Acadian hands. On the slope behind the station are gnarled French apple trees and stiff French poplars, and a short way further on is the Gaspereau mouth, where the exiles embarked.

The ancient Acadian village, which Colonel Winslow and his New Englanders depopulated so effectually in that eventful Autumn of 1755, is supposed to have extended in a long, thin line from about where the Grand Pré station of the Dominion Atlantic now stands to somewhere near the next station of Horton Landing. Then, as now, the Acadians trailed their villages along a single street. Close to the station is a row of gnarled willows, whose branches perchance tell over to the young leaves of each recurring spring what they saw of Evangeline and her sorrow. Here, suitably enclosed, is "Evangeline's Well."

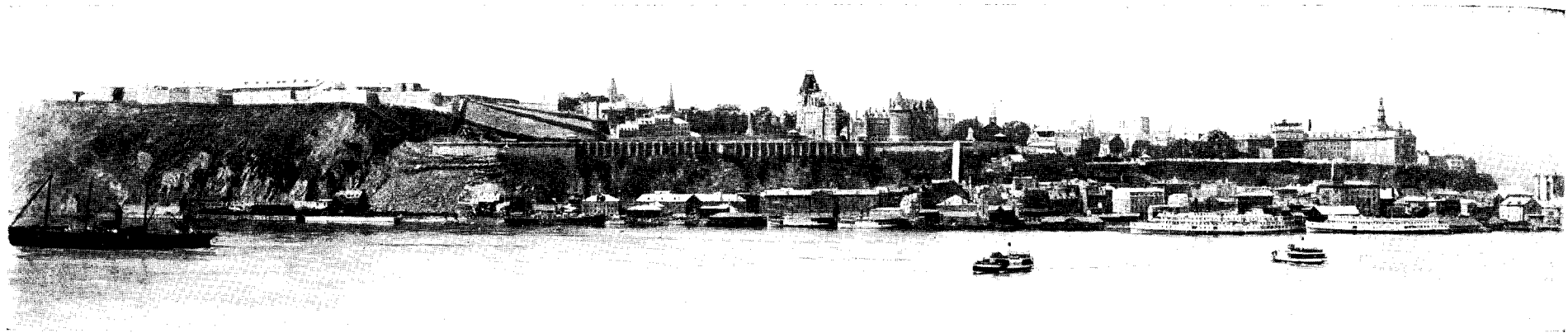
A list of hotels and summer cottages available for visitors in this romantic country may be found in the folder "Vacation Days in Nova Scotia," obtainable from any Canadian Pacific Railway agent.

FOREST FIRES

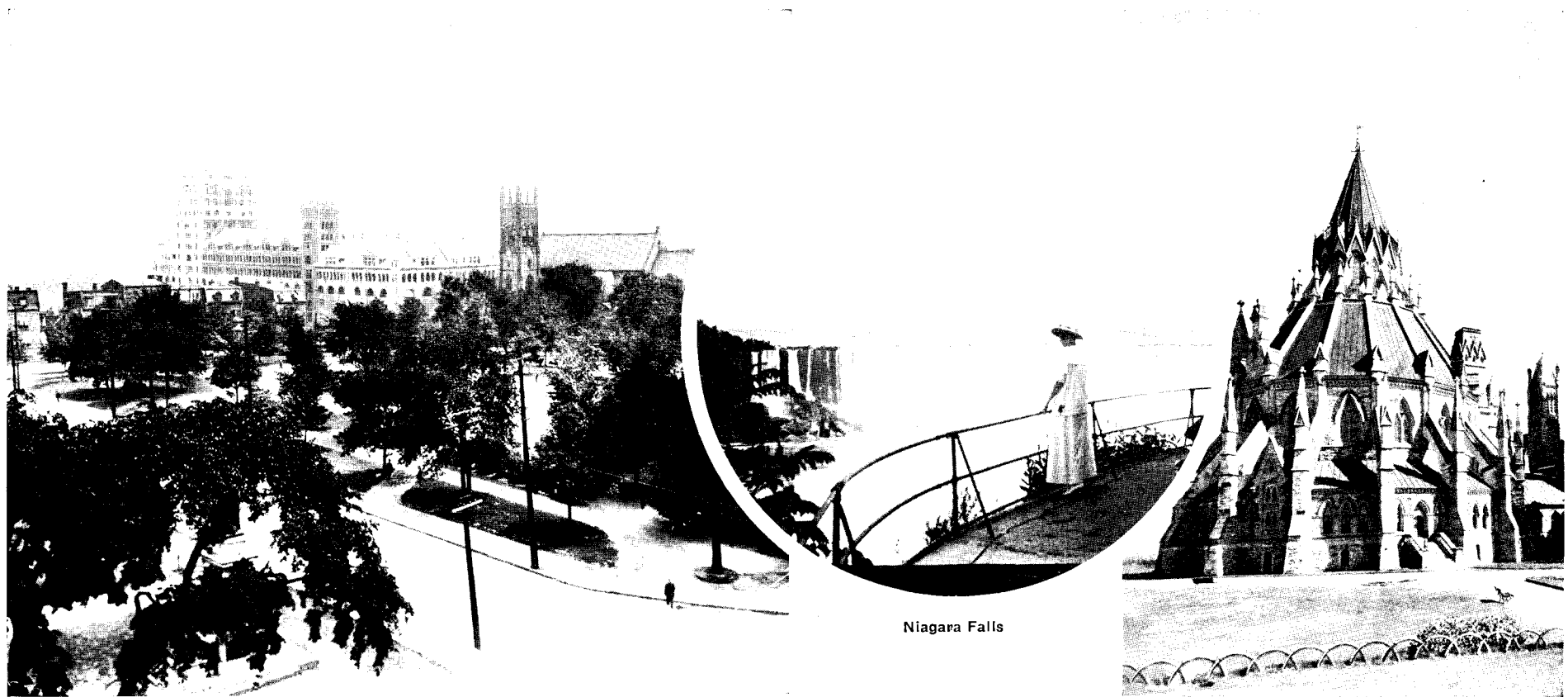
The careless smoker on an idle trail,

The smouldering camp fire and a vagrant breeze,
Make all your ancient pride of what avail,

You sad grey ghosts that once were stately trees?



Quebec from Levis, Showing the Citadel on the Left and Chateau Frontenac in the Centre



Dominion Square, Montreal, Showing Windsor Station

Niagara Falls

The Library, Parliament Buildings, Ottawa



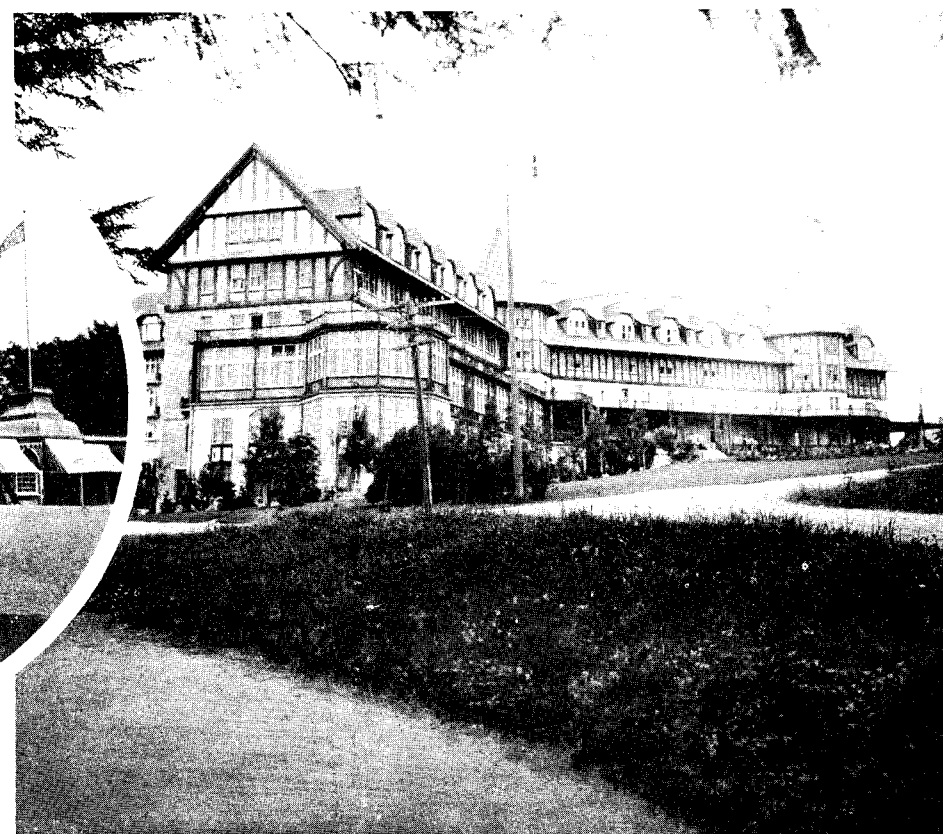
Apple Orchard in the Annapolis Valley, Evangeline's Land, Nova Scotia



French-Canadian Quebec Still Affords
Old-World Pictures Such as This



In Nova Scotia—
a Country of Rural Charm
and Simplicity



Algonquin Hotel, St. Andrews-by-the-Sea, New Brunswick]



FROM SOUTHERN PACIFIC COAST			TO SOUTHERN PACIFIC COAST		
3-VIA MONTREAL			5-VIA ALL RAIL		
Portland	to Seattle	N.P., G.N. or U.P. S.S.	Portland	to Seattle	G.N. N.P. or U.P. S.S.
Seattle	to Victoria	Can. Pac. S.S. Line	Seattle	to Vancouver	Gt. Nor.
Vancouver	to Vancouver	Can. Pac. S.S. Line	Vancouver	to Vancouver	Can. Pac.
Vancouver	to St. Paul	Can. Pac. S.S. Line	Portland	to St. Paul	No. Line
3-VIA SPOKANE			5-VIA Kootenay		
Portland	to Spokane	U.P. S.S. or P. S. & N.	Portland	to Vancouver	Can. Pac.
Vancouver	to Spokane	Can. Pac. S.S. Line	Vancouver	to Arrowhead	C. I. & N.
Kootenay	to Portland	Can. Pac. S.S. Line	Arrowhead	to Kootenay Landing	Can. Pac.
5-VIA KOOTENAY AND KETTLE VALLEY			6-VIA WINNIPEG		
Portland	to Boise	Can. Pac.	Kootenay	to Winnipeg	Can. Pac. S.S. Line
Hope	to Midway	Kettle Valley	Landing	to Portland	Can. Pac.
Nelson	to Kootenay Landing	Can. Pac.	Portland	to Vancouver	No. Line
6-VIA PORTLAND			7-VIA PORTLAND		
Kootenay	to Portland	Can. Pac. S.S. Line	Kingste	1, 2, 3, 4 or 5 to junction point, thence	Vancouver
Landing	to Portland	Can. Pac. S.S. Line	Kingste	6 to junction point, thence	Vancouver
Vancouver	to Vancouver	Can. Pac. S.S. Line	Kingste	to Emerson	Can. Pac.
Vancouver	to Okanagan Landing	Can. Pac.	Landing	to Vancouver	No. Line
Okanagan	to Vancouver	Can. Pac. S.S. Line	Landing	to St. Paul	No. Line
Landing	to Ponitient	Can. Pac. S.S. Line	Emerson	to St. Paul	No. Line
Ponitient	to Midway	Kettle Valley Ry.			
From Midway same as above.					

The following optional routes are available, without additional expense, in connection with Eastern Tours round-trip tickets:

- A**—Between Toronto and Montreal, tickets are honored via (1) Trenton, Belleville, Smiths Falls, and direct line; (2) Trenton, Belleville, Ottawa, Cornwall, Kingston, and Lake Simcoe or Springbrook; (3) Trenton, Belleville, Ottawa, and Lachute; (4) Peterborough, Smiths Falls and direct line; (5) Peterboro, Ottawa, and Lachute.
- B**—Between Sudbury and Montreal tickets are honored via Main Line, through North Bay and Nipigon.
- C**—Between Emerson or Portage and Calgary, tickets may be routed via direct line or via Lacombe, Wetaskinw or Edmonton.
- D**—Between Vancouver and Medicine Hat tickets are good:
Via Main Line, through Banff, Athabasca, and Calgary;
Via Rocky Mountain Line through Vancouver, Kamloops, Fort St. John, West Robson and Nelson;
via Rootenay Line through Revelstoke, Arrowhead, Nakspus, Rosserby, Sloan Junction and Nanton.
- E**—Between Bassano and Swift Current, via Medicine Hat or Empress.

No expensive side trips necessary.

The Canadian Pacific Railway is built directly through the Canadian National Park and the famous Canadian Rockies. Over 500 continuous miles of the most magnificent scenery in the world may be viewed from the trains.

See that your ticket includes coupons for the delightful 165-mile Puget Sound Steamship trip between Seattle, Victoria and Vancouver; no extra charge.

POINTS SHOWN ON MAP IN RED, WITH BLACK STAR, INDICATE LOCATION
OF CANADIAN PACIFIC HOTELS

CANADIAN PACIFIC RAILWAY

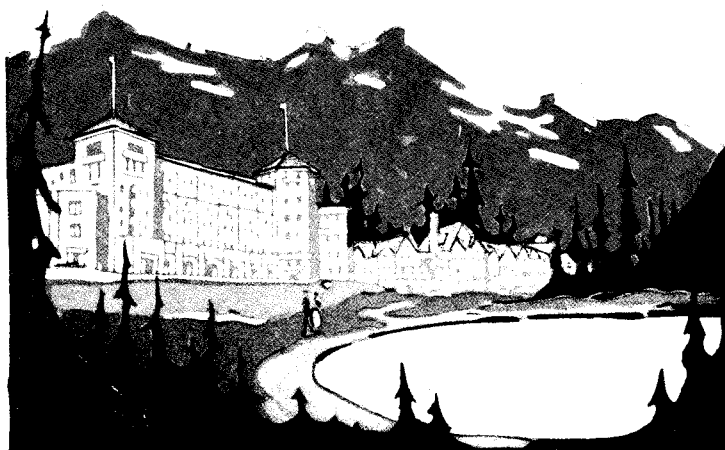
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